



2021 PROGRAM GUIDE

HIGHLIGHTED PROGRAMS

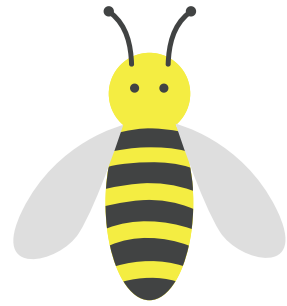


URBAN ECOLOGY
WELLNESS CENTER

at Keney Park

URBANECOLOGYWELLNESS.ORG

URBAN ECOLOGY



URBAN BIODIVERSITY

BIRDING

BEE EDUCATION

WILDLIFE EDUCATION

LOCAL CONSERVATION



URBAN WATER MANAGEMENT

POND STOCKING

WATER QUALITY TESTING

WATER RECALMATION

FISHING TOURNAMENTS



URBAN FORESTRY

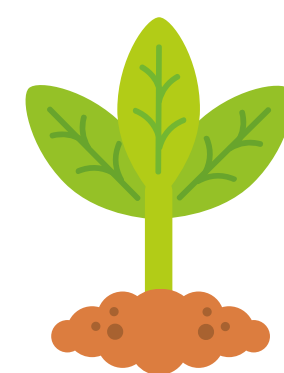
TRAIL MAINTENANCE

URBAN WOOD
UTILIZATION

MAPLE SYRUP
PRODUCTION

TRAIL RECONSTRUCTION

FOREST MANAGEMENT



URBAN AGRICULTURE

HORICULTURAL EDUCATION

SOIL HEALTH/COMPOSTING

ANIMAL HUSBANDRY

VEGETABLE PRODUCTION

MUSHROOM FORAGING

HYDROPONICS/AQUAPONICS

WELLNESS



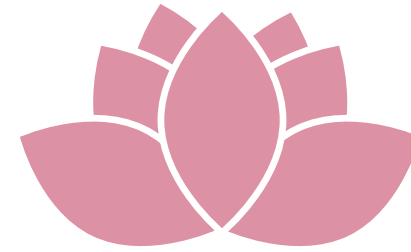
MOVEMENT/ACTIVITY

YOGA/PILATES

QI GONG

MARTIAL ARTS

HIKING/BIKING



RELAXATION

SOUND HEALING

MEDITATION

MASSAGE

DEEP BREATHING



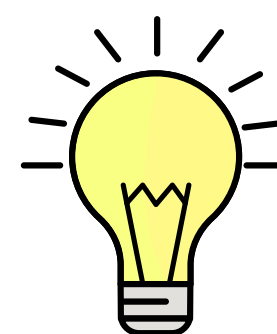
THERAPY

FOREST THERAPY

HORTICULTURE THERAPY

PHYSICAL THERAPY

WEAVING THERAPY



CREATIVITY/SENSORY

VISUAL ART

NATURE CRAFTS

INDIGENOUS MUSIC

PERFORMING ARTS

DANCE

For more information, send us an email at info@urbanecologywellness.org or
call us at (860) 281-2344